Ego

How the wisdom coding system works

WISDOM CLASSIFICATION SYSTEM

Type of wisdom (purple box)
E = Evolutionary wisdom
R = Revealed wisdom
H = Hybrid wisdom (evolutionary + revealed mix)

Target audience (green box)
P = Personal
G = Group (non-personal)

Type of content (yellow box)
C = Curated content (paraphrased, re-written, enhanced, translated, etc.)
O = Original unedited content from external source (direct excerpts, complete content, etc.)
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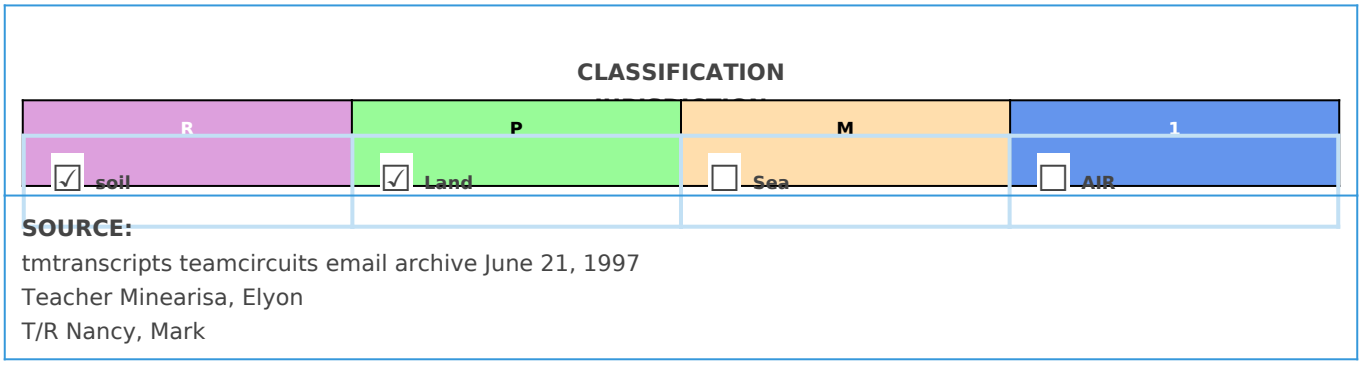
Reliability factor of content (blue box)
1 = High
2 = Average
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APPLICABLE JURISDICTION(S)
[ ] soil [ ] Land [ ] Sea [ ] AIR

- Check boxes indicate to which planetary jurisdiction the contents of the page is applicable.
- Can apply to one or more jurisdictions simultaneously.
- All the applicable jurisdictions will have a check mark.
- For additional information about the scope of these jurisdictions please refer to this chart.
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SOURCE: This row is used for recording useful information about the source of the wisdom entry.

The ego is necessary for your functioning as human beings



SOURCE:
tmtranscripts teamcircuits email archive June 21, 1997
Teacher Minearisa, Elyon
T/R Nancy, Mark

Love consciousness rather than fear-based consciousness would indeed solve the world's problems. Yet why is it that eventhough you are very committed to be servants to one another and to loving one another, you find that you cannot always do this? You desire to be in love consciousness, yet fear comes out of nowhere and bites you, so to speak. How is this? Where does it come from? This is the relationship between the ego and the personality. It is the human ego that has the desire for self preservation and is the source of fear. Now, the ego is not bad, is not wrong. The ego is necessary for your functioning as human beings. It is the ego that allows you to understand your separateness, to categorize, to organize the structure of reality so that you can function. You cannot function without the ego, yet the relationship between spirit, personality, and ego must be such that the personality is in charge of the ego and is subservient to spirit. It is the personality that has freewill choice. It is the personality who is the agent of change.

Sometimes it is very difficult work of coming to know yourself, to recognize when it is your ego functioning and when it is your personality functioning in adherence to spirit. Let me ask you

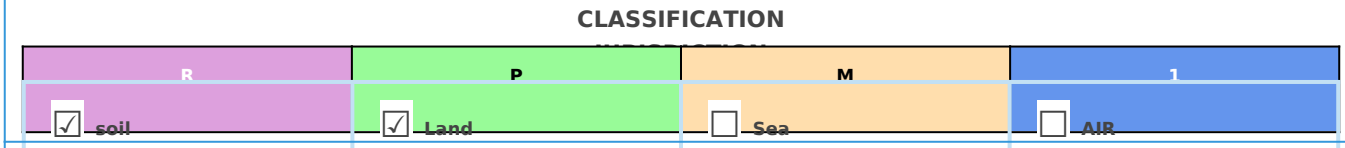
this: Which voice is it that says, "That's your ego! You get that ego out of the way!"? Indeed, that is the voice of ego. So, you cannot force your ego into submission, but you can love your ego into the proper functioning with the personality. You can understand that the ego is there for particular reasons, that the ego has purpose. The ego needs to be recognized; the ego has fears.

Love that ego. Calm the ego's fears. Allow the ego the protection it needs to be quieted. Do not allow one of the many heads of the ego to get into war with one of the other many heads of the ego.

Elyon: The ego is not a product of your soul or your mind. The ego is an aspect of your being. It is not a creation of yours. It is merely an arm of your being to be exercised and utilized appropriately. You do not create the ego from within, from your soul. The ego is an aspect of you to be harnessed and exercised much as a muscle group. Therefore, do not think that you are somehow creative of this aspect of your being. Rather you must in your existence learn to function in harmony with this aspect of your being and, indeed, reign supreme, giving over the lesser aspects of your being to the higher aspects of your being.

As stated before, it is not a desired goal to eliminate the ego, just as it is not desirable to eliminate the lungs. Rather it is appropriate to work in harmony with the organs of the body to create an overall whole, all the time the higher, supreme aspects reigning, controlling, and regulating the entire body.

Undertake to observe the ego as you would a developing child



SOURCE: tmtranscripts teamcircuits email archive August 23, 1997.
Teacher Machiventa
T/R Ginny

Question: Could you explain a little about the function of ego in the development of our spiritual lives?

Machiventa: Ego should be treated almost as a separate entity in that it has its own parameters and characteristics, even intertwined with that of your soul or your Thought Adjuster. The ego should be, from your point of awareness, addressed almost as a developing child. Undertake to observe the ego as you would a developing child. Note in your higher self the parameters and conditions. Note how it functions in given situations. Note which situations cause the ego to rise up and which situations quell the fears of the ego.

Never attempt to divorce yourselves from your egos as you would never attempt to divorce yourselves from your Thought Adjuster or your eternal soul. It is an aspect of your creation to be worked with. It is indeed an integral part of your survival as an individual and as a species. It is necessary for many functions you undertake. It is simply a matter of will for you to determine the proper mix of your components: the component of your higher self, the component of the Eternal Fragment within you, and the component of your ego. At any one time your glass is a mixture of these three components. Attempt to segregate, separate these components in your realities so that you can identify the component called the ego. You can therefore more objectively determine the proper capacity the ego is to play in your mixture. The ego can be a very good thing; the ego can be a motivator, a driving force. It can be an inspiring aspect of your personality. Likewise, it has a potential to stumble you in its over-assertion or its incorrect assertion. Therefore, the goal should be to be an awareness of your differing aspects and seek the proper mix. Seek just the right percentage so that you use the ego to be that motivating force, that invigorating infusion, that persistent challenger. So, it is not to not use the ego; it is more of a factor to use it in correct proportion to the other aspects of your existence, to be an enhancer.

Make no mistake that the absolute highest factor of your composition bar none is your direct link with the
Father, your fragment of the Father, the Thought Adjuster. This is the purest, truest channel you have; this higher self has control easily and effectively over your lower self, the ego. Therefore, it is entirely possible to arrange and align yourself thusly to operate from this higher level and to fully control and manipulate this ego so as to make it work for you as opposed to your higher self working for your ego. It is simply a matter of development to enrich and grow your higher self, to realize you have this control over your ego. You may then view it as almost a separate entity, for you will never divorce yourself from it, but if you are looking at it from a perspective of your higher self, you have this control over it, coming from this position.

This wisdom is then channeled through your evolving soul in faith, and when you hear from the others, it is through this more accurate, more divine channel than through your ego base. That gives you one more tip on how to identify one from the other.

It is also your mission to embrace and draw this ego in, as you say, to fully embrace and love this ego, to love it into submission, you might say. Embrace it wholly and fully as a part of your being; surround your ego with this love light so as to condition your ego's response towards the highest possible outcome. So, indeed, I encourage you to not stand back, rather reach forward for your ego in understanding, in awareness, and in love to draw this integral aspect of your being firmly to your highest center.

Frosty: More like a family meeting, rather than just the higher self and the Thought Adjuster, the ego is part of that family drawn together.

Machiventa: Precisely, a family meeting with your highest self as the moderator so that the direction and purpose of your family meeting can be accomplished under the highest possible guidelines. But as with any family meeting, you desire all members present, and input from all members is desired and welcome.

Ginny: Did I hear you say that the ego is part of your lower self? My understanding of the ego is that it is a neutral force that we need to channel so it can be useful to us in developing our souls. Is it something base?

Machiventa: It is of itself something untrained, something unlearned. It is not that it is a negative aspect. I refer to it only in relation to your higher self as being lower. This is perhaps inaccurate.

Ginny: Lower meaning undeveloped.

Machiventa: Correct.

Mary: In the analogy of bringing up a child, we know that if you take too authoritarian a hand with them you don't get nearly as good results as when you respect them for what they are and lovingly draw them forward. We need to treat the ego side of ourselves that way, rather than lord it over the ego and tell it, "no, no, no."

Machiventa: Exactly. To embrace as a wise parent embraces in realization that it is more fruitful to embrace and love than it is to dictate in authority.

Ego perception — the child analogy

SOURCE: tmtranscripts teamcircuits email archive December 18, 1998
Teacher Andirondeck
T/R Cathy

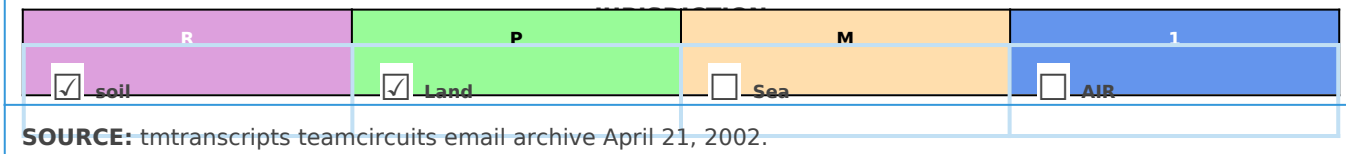
I am giving you this image of holding an infant, and conceptualizing what it is like to inhabit that infant body and mind, for all the messages are 'I am' -- I am hungry, I am cold, I am wet, I am sleepy, I am content. And as that child goes through the natural process of growth and development, the focus gradually shifts outward; and with that gradual shift outward, comes the concomitant development of ego. Over time ego's job becomes to shift the focus from what is inside to what is outside. Finding fault is one of ego's favorite pastimes. And as this development process continues, there becomes a split.

The 'I am' is rarely listened to. The ego becomes very busy in its full-time attempt to shift the focus outward, and thus, to keep the mind focused on ego, for ego's greatest fear is that universal fear of abandonment and loss of love.

When one begins to mature spiritually there is a natural shift of focus inward. Ego perceives that as abandonment and reacts out of fear and begins all sorts of gyrations to force the focus back outward. So, in order to have a direct connection with God, with your Indwelling Adjuster, one cannot sever oneself from ego, because ego will throw a tantrum. It is best to reassure ego that the changes you are undergoing, the introspection you must complete, will not leave ego out in the cold.

The natural flow of life and the tendency to resist it

CLASSIFICATION



SOURCE: tmtranscripts teamcircuits email archive April 21, 2002.
Teacher Abraham

Abraham: Every day many mortals dread rising up from their bed to see what shall overtake their
consciousness and what energy may be stolen from them. That type of outlook already puts the day into a negative groove.

Even with our good intentions there is always the struggle between the ego and the spirit. The ego's craving for perfection works in a fashion that makes it appear to be good, worthy or even superior. The ego is force. It forces even the most effortless circumstances toward struggle, because the ego has fierce desires to force it's agenda. There is no simple allowance to the unfolding of the average everyday life.

Culture, society, even work environment, teach men and women to believe that only certain lifestyles are worth attaining. If we are honest with ourselves, we can each say in truth that we all just want to be loved and accepted. If one is acting from an animalistic ego outlook then spirit poisons come into play. The ego is forcing it's agenda with an eye for self-glory, and in this, everything is so much more complicated. Relationships are destroyed from this forcing of ego agenda. Employment is lost due to the ego's demand to be seen as superior.

Truly insecure individuals cannot help but act from this willful ego. An insecure individual has an unstoppable drive for attention and is overtaken by the ego to perhaps do things that are without integrity. At a place of employment, or even within a family, many insecure individuals have been known to complicate every little issue so as to gain attention. Some perhaps are bent on making others look bad so they can appear good. This is such a waste of energy, such a mis-focus.

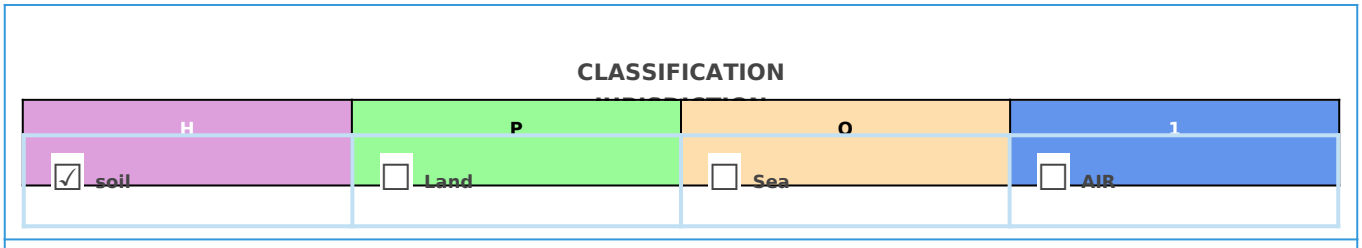
It is understood these insecure, ego-driven individuals only desire to be loved and accepted, but they are misguided and use up their energy in a negative way. The truly humbled individual has learned to be a bit more trusting in the divine Caretakers, unlike the ego, who only trusts itself. What an empty and unfulfilling dilemma. The trusting child is more likely to ask for guidance and not feel that anxiety that they are losing something, that they are left alone in the world. That trusting child is more likely to incorporate the spiritual fruits into their daily activities with always an attitude of 'I know my Father tends to my every need and all I should do is be observant.'

To be observant is not a misuse of energy, no. It is not jumping to conclusions or taking rash actions all to gain the love and acceptance from their fellows. The observant child is connected into that spiritual circuitry, literally connected, which brings solutions and steps on how to deal with everyday issues in a most efficient manner, that brings peace and a wise use of energy. We all know that feeling of angst that would have us in a fearful state, momentarily wondering if our divine Caretakers know what is occurring. Many of us are tempted to rush forth with any idea or take any action, which could easily further complicate situations.

As you each strive for perfection, full well knowing that there is room for mistakes, learning and growth, you must think about how observant are you in every situation. Are you patient enough to wait for Father to show you how to wisely spend your energy, incorporating the spirit fruits instead of spirit poisons. How practiced are you at allowing the natural flow of life? Of course, you exhaust your human resources, yes, but do you force the ego agenda? Does the ego have you spinning your wheels and further complicating situations?

You would be amazed at the knowingness of God's will when you can allow the natural unfolding of life. It does no good to worry, plan and perfect the future. To hand over to our Father every outcome of any situation is a beautiful example of trust and faith, that you know without a doubt, He knows all that occurs, and in His love for you and His unlimited wisdom, He is doing what truly is best. This week ponder the natural flow of life and your tendency to resist it.

Redefinition of Ego



SOURCE: Donna D'Ingillo: https://substack.com/@iccdonna/p-176343197

https://institutechristconsciousness.org

Donna D'Ingillo
Oct 17, 2025

During this time of change on our world, many things are evolving. We're learning more about the universe and how to participate more consciously in the construction of a spiritually-based culture. One of the most significant changes we are undergoing is redefining who we are as children of God, and being able to see ourselves more from the divine perspective, as opposed to viewing who we think we are from the understanding our belief systems impose. We are making a big transition here. It necessitates shifting the definition of ourselves to something more wholistic and unified.

Currently, the idea of ego has been a big topic in spiritual growth. What is it and how do we overcome it? Is the concept of the ego really the true concept of self? Or, is it based on a psychological construct spawned in an environment of human thought—one we've been conditioned to accept as the norm; one which, lacking a better idea, we don't question.

We must remember that often scientific theories are taken as fact. In reality, they simply reflect the current understanding. Someone came up with a concept that seems to make sense, and it stuck. The concept of "ego" was developed in an attempt to understand human nature. It has become a definition well embedded into our lexicon. We accept this definition of self, and in order to understand its meaning, more theories are developed to flesh out its significance. Theories upon theories are developed, adding to the complexity of our thinking process. Trying to sort this out, in terms of what it means to us in our spiritual growth, has become difficult and confusing.

Just because this word "ego" is used to define what constitutes the self, it does not complete our understanding. It may be helpful to consider another conceptual frame of reference to understand who we are in the fullness of our humanity. Thus, I would like to offer another definition of self... one that is less complex and easier to integrate into your self-perception. It may also add to the value of perceiving yourself as a child of God.

To start, I wish to define the term "Self" as the gift of personality given to us as evolving humans—the evolutionary nature we begin with as children. The term "Soul" is our evolving Godly nature. This growing recognition of our spiritual nature accrues over time as the Indwelling Spirit of God up-shifts how we think and feel to more positive and divine ideals of Truth, Goodness, and Beauty. Thus, the two—Self and Soul—are in a dance. The Self is designed to open and grow the Soul through daily life experience, making decisions of a positive nature that reveal the way of Love in the world.

The Self has an innate desire to evolve the Soul through experience, and the Soul expression is that of the higher nature. The Indwelling Spirit of God acts as the means to help the Self

perceive divine guidance and insight, which in turn, helps the Soul express one's creative and spiritual nature to the world. The Self is good, beautiful, and true because it was created by God, even though a person's self-concept may be negative. Nevertheless, the Self is a part of God and was created to evolve into the Soul—the reflection of Godliness in the world.

The Self is also a person's unique, creative personality expression of the nature of God; an expression of one aspect of the overall, universal divine plan. The Soul is the higher personal expression and the entity that acts to inspire and entice the human natures into conscious co-creation with the Spirit of God. Both are necessary to become a unified whole: humanity and divinity conjoined.

Now using these two definitions, we must look at how our minds are designed by Spirit to become conscious and self-willed. We know that we only use a portion of our intellectual potential. We could say that our consciousness has a bandwidth greater than our perception. Yet through our inner strivings, we can grow in awareness of those portions of consciousness known as sub- and super-consciousness. Here is where our perception opens, if we are willing to go within and look at those influences which have wounded us or inspire us.

It is not something that happens all at once, but we can expand our awareness through patience and trust that the Indwelling Spirit opens the door of ourselves to see what we are made of. A lot of sadness is contained within our mind-body system of consciousness. It takes a courageous, open heart and mind, with Spirit's help, to be willing to see the stuff of which we are made. Yet it is entirely possible to become aware of the depth of our selves. Our Spirits are thus enabled to guide us through the long, evolutionary history of who we are as children of God and grow our higher Soul nature.

Our consciousness is influenced by spiritual circuits that connect universe information into the various levels of our mind-body systems. We are hard-wired for Spirit reception. This continuum sends certain bio-electro-chemical signals through the various systems of our bodies, encoding tons of information into various memory receptors both in and outside of our beings.

Layered into our memory patterns are ancestral memories, coded into the genes we inherit. This affects our behavior in ways we are not consciously aware of, sometimes feeding us with information of being unworthy, unloved, shamed, etc. These are the influences rooted in the rebellion (the planetary event that took us away from following the divine plan of evolution) and have established long, threaded codes of information within our genes. These influences could be considered to be superimposed over the purity of our personalities. They impede the self from perceiving who we really are as children of God. Yet the Soul yearns for the union with Self and for the Self to be perceived as good, beautiful and true.

Even though we carry excess emotional baggage from years of living on a world that has strayed from the divine path of evolution, we are worthy and acceptable children of God just as we are. We have a right to exist, and we have a birthright to love ourselves the way our Creator loves us. When we imprint upon the divine masculine and feminine attributes of Spirit, the long-encoded memories of the past can be healed.

These deep and old genetic influences are being outworked during this phase of planetary change. This is addressed during the Generational Healing transformational process. Generational Healing repairs the various influences containing emotions of unworthiness. The self may perceive these more clearly from the spiritual level, giving the Indwelling Spirit the opportunity to move a person into Soul expression and development.

Perhaps looking at Soul and Self in this simplified posture will provide you with more clarity in understanding who you are and how you can move your self-concept into Soul Awareness. The more you love and accept yourself, the more opportunities you give your Indwelling Spirit to inlay the spiritual energies you need to transition into a higher way of perceiving yourself and living more fully from that place each day. This will also simplify your thinking and help you become more heart-centered and love-dominated, trusting in Spirit to guide you forward into the mighty evolutionary process of growing and living your higher, God-given nature—your Soul.

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