

# Gratitude

## How the wisdom coding system works

### WISDOM CLASSIFICATION SYSTEM

#### Type of wisdom (purple box)

- E** = Evolutionary wisdom
- R** = Revealed wisdom
- H** = Hybrid wisdom (evolutionary + revealed mix)

#### Target audience (green box)

- P** = Personal
- G** = Group (non-personal)

#### Type of content (yellow box)

- C** = Curated content (paraphrased, re-written, enhanced, translated, etc.)
- O** = Original unedited content from external source (direct excerpts, complete content, etc.)
- M** = Mix of both curated and original content.

#### Reliability factor of content (blue box)

- 1** = High
- 2** = Average
- 3** = Low
- X** = Cannot be determined.

### APPLICABLE JURISDICTION(S)

☐ soil ☐ Land ☐ Sea ☐ AIR

- Check boxes indicate to which planetary jurisdiction the contents of the page is applicable.
- Can apply to one or more jurisdictions simultaneously.
- All the applicable jurisdictions will have a check mark.
- For additional information about the scope of these jurisdictions please refer to this [chart](#).
- For additional information about the properties of these jurisdictions please refer to this [chart](#).

**SOURCE:** This row is used for recording useful information about the source of the wisdom entry.

Gratitude fortifies you

CLASSIFICATION			
R	P	O	I
<input checked="" type="checkbox"/> Soil	<input checked="" type="checkbox"/> Land	<input checked="" type="checkbox"/> Sea	<input checked="" type="checkbox"/> Air
<b>SOURCE:</b> Lightline Teleconference 2024-07-18 Teacher: Amanson T/R: Mark Turnbull <a href="https://groups.google.com/d/msgid/tmtranscripts/E73A8C9F-7922-4B23-BC4A-4AD0427B7627%40gmail.com?utm_medium=email&amp;utm_source=footer">https://groups.google.com/d/msgid/tmtranscripts/E73A8C9F-7922-4B23-BC4A-4AD0427B7627%40gmail.com?utm_medium=email&amp;utm_source=footer</a>			

Amanson on “Gratitude” March 31, 2022

Tonight we shall speak, at your request, of Gratitude. Gratitude is the official decree of the offices of The Most Highs. Gratitude is a love turned back on itself, Love brought full circle and, like the dainty dish in your nursery rhyme, “set before the King.”

To be grateful is to never tire of the banquet constantly before you, whether this or that particular dish is to your liking or not. All the dishes serve their purpose in your education and make-up, and all will eventually be appreciated “in the fullness of time.” Gratitude fortifies you with the proper attitude to appreciate them all. For they have all been, like them or not, prepared with the same attention to detail and care.

Gratitude is the single most important element in the pursuit of perfection of Spirit, the most basic Truth in the pantheon of truths relevant to a human life. Remember, the only thing

missing from an approach to living bereft of joy and satisfaction is Gratitude. Grateful is as grateful does. It's the one element essential to mirroring back Heaven to earth, Parent to child, Spirit to human. It's like the rippleless water reflecting the sky above it. The sky brings the water; the water reveals the sky to itself. This is Love and Love's life in the world. Spirit says, "I love you"; Gratitude says, "and this is your portrait, my version of this gift you have given."

Gratitude is the basis for a balanced life for it brings together all of its elements, bringing God's love back around and completing the circuit. And this circuit brings Life to life. Gratitude is as necessary as air or food or water. It is the other half of each of these.

**Gratitude is life-giving, health-giving, and energy giving**

CLASSIFICATION			
R	P	M	1
<input checked="" type="checkbox"/> soil	<input checked="" type="checkbox"/> Land	<input checked="" type="checkbox"/> Sea	<input checked="" type="checkbox"/> AIR
SOURCE: Rayson and Friends			

Gratitude is a subject that needs to be much clarified in the course of this teaching mission because the present understanding of gratitude on Earth has been very much distorted through the influence of your religious organizations which have sought to gain materially by this means.

In the pure sense, gratitude is faithfulness to the Father who created all of us, and is expressed by action that is the reaction of doing the Father's will, being of service to others, and so on, as exemplified so well by Jesus during His incarnation on Earth. When one experiences genuine gratitude in this fashion there follows a deep and lasting fulfilment which is most gratifying, not only from your material state, but also in those spiritual forms. This sense of fulfilment and happiness is, in its highest form, the most rewarding and ennobling of all experiences. When you are fortunate enough to have this experience, it is wise to cherish it, and remember it, and

reinforce in your memory the actions on your part which led up to the feeling of gratitude and fulfilment, for these acts are a critical part of your efforts to mature your own budding spirit within.

You must react. Growth does not come to those who are inert, but is the result of a continuing, dynamic interplay between you, the individual, and the Father, within and without. You may ask, as Milcah does at times, “How can I be grateful when life is so difficult? When there is so much evil? When my fellow beings behave in such non-Father-oriented ways?”

Gratitude, like all of the other universe virtues, is life-giving, health-giving, and energy giving. Genuine gratitude is experienced in all sincerity without the least notion of gain or loss. It is most likely true that no creature of mortal origin ever actually experiences gratitude until that day in the distant future when in the presence of the Father Himself. Therefore do not judge yourselves too harshly for not being able to have the purest gratitude. But work on it, for, like the other universe virtues - love, kindness, truth, beauty, goodness, and so many more - gratitude becomes stronger and better with hard work, like a physical workout.

If, in your mortal life, you are reduced to such a low point in your feeling that you cannot think of the least thing for which to be grateful, there is always the fact of existence. Such a gift is to be cherished. And really, without having existed, how could you ever go on to further work in the name of the Father?

So you see, it all ties together. The fact of your existence is the major part that you take from one state of being, such as life in the flesh, to the next state of being. That you can take with you! And no material creation can take it away from you. You see, it is such an essential part of you. Only you can will it away.

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