Loneliness

How the wisdom coding system works

WISDOM CLASSIFICATION SYSTEM

Type of wisdom (purple box)
E = Evolutionary wisdom
R = Revealed wisdom
H = Hybrid wisdom (evolutionary + revealed mix)

Target audience (green box)
P = Personal
G = Group (non-personal)

Type of content (yellow box)
C = Curated content (paraphrased, re-written, enhanced, translated, etc.)
O = Original unedited content from external source (direct excerpts, complete content, etc.)
M = Mix of both curated and original content.

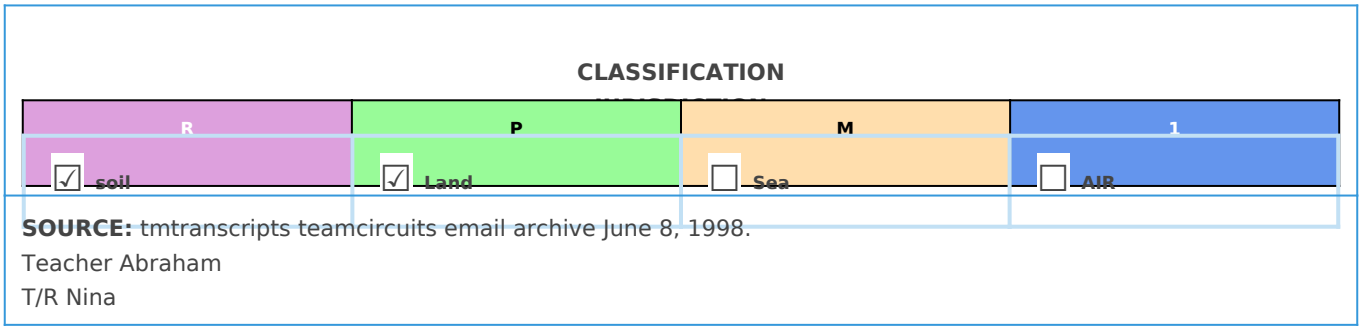
Reliability factor of content (blue box)
1 = High
2 = Average
3 = Low
X = Cannot be determined.

APPLICABLE JURISDICTION(S)
[ ] soil [ ] Land [ ] Sea [ ] AIR

- Check boxes indicate to which planetary jurisdiction the contents of the page is applicable.
- Can apply to one or more jurisdictions simultaneously.
- All the applicable jurisdictions will have a check mark.
- For additional information about the scope of these jurisdictions please refer to this chart.
- For additional information about the properties of these jurisdictions please refer to this chart.

SOURCE: This row is used for recording useful information about the source of the wisdom entry.

The cure for loneliness is asking: What would my Father in Heaven have me do?



SOURCE: tmtranscripts teamcircuits email archive June 8, 1998.
Teacher Abraham
T/R Nina

Being within your mortal vessels there are times of loneliness, anguish and devastation. Many mortals are embittered by their life circumstances and choose to encase themselves within the bonds of fear and anger. Mortals tend to turn to Father with an accusing eye in wondering why are such things befalling them.

The Master knew well of the pain that is natural for this human adventure. He experienced the very worst that man has to offer and even then, He stood unshakable. You see, His decision to act upon His highest light was a shield of sorts, at times an elixir for the maintaining of well balanced mental health. No matter what mortal living had in store for the Master, He was always well prepared by His commitment to being within the will of His Father in Heaven.

His commitment was perhaps the answer to all questions. His commitment to do the will always set His mind in an asking mode to Father. Jesus was always in conference with Father, and when those times of upheaval occurred, His commitment remained true... "What would my Father in Heaven have me do?"

The Master, in living up to his highest light, took great joy in expressing His love to those He knew, lending a helping hand, or a bit of guidance to those who were seeking. Jesus regretted

not any of His mortal life for He took every opportunity to act out the Father's will. He chose to really live each and every part of mortal life, to be within every moment, good or bad, with His Father by His side.

Those who stifle their highest light, or are perhaps too shy or unsure, learn to live with regret, always desirous of another chance. This is not bad, or sinful. It is perhaps a lesson for you to relieve some of the pressures of mortal living. In your efforts to draw closer to Father and His divine helpers, have ready your question..."What would Father have me do at this moment in time?" Even for particular situations with relationships or personal struggles, always remember the question. Confirm within your own heart your
commitment to the doing of Father's will. Choose to be aware of the option to always act upon your highest light. Take advantage of those opportunities that come your way.

In that first thought of doing an act of service, or expressing appreciation or love , there is your contact with your highest light. There is only your courage to work upon to act it out. Many times do we hesitate and talk
ourselves out of it using various excuses. Our lesson tonight on living up to your highest good within, is a bestowal of liberty to act out the Father's will, to feel at liberty to express those thoughts or comments, those acts of service, and to really be aware of each moment of mortal living, good or bad.

CALVIN: Is it expected ever for us to have, or is it possible I should say...for us mortals in this first life to have quick changes form past patterns and spirit poisons, or does it usually take a lot of hard knocks and lessons and time?

ABRAHAM: Most patterns can require time to find better ways. There are those hard lessons though that can jolt a person into a quick behavioral change. We have found the latter to be fear based where the time and practice is more akin to Father's evolutionary design. When we teach to have awareness in the moment—the allowing of really feeling mortal life, it is an opening for Father to teach. He teaches in time intervals which create for you a well balanced mental state.

Revision #1
Created 2024-10-20 20:32:52 UTC by Bee
Updated 2025-02-05 14:18:14 UTC by Bee