

# Prayer

## How the wisdom coding system works

### WISDOM CLASSIFICATION SYSTEM

#### Type of wisdom (purple box)

- E** = Evolutionary wisdom
- R** = Revealed wisdom
- H** = Hybrid wisdom (evolutionary + revealed mix)

#### Target audience (green box)

- P** = Personal
- G** = Group (non-personal)

#### Type of content (yellow box)

- C** = Curated content (paraphrased, re-written, enhanced, translated, etc.)
- O** = Original unedited content from external source (direct excerpts, complete content, etc.)
- M** = Mix of both curated and original content.

#### Reliability factor of content (blue box)

- 1** = High
- 2** = Average
- 3** = Low
- X** = Cannot be determined.

### APPLICABLE JURISDICTION(S)

☐ soil ☐ Land ☐ Sea ☐ AIR

- Check boxes indicate to which planetary jurisdiction the contents of the page is applicable.
- Can apply to one or more jurisdictions simultaneously.
- All the applicable jurisdictions will have a check mark.
- For additional information about the scope of these jurisdictions please refer to this [chart](#).
- For additional information about the properties of these jurisdictions please refer to this [chart](#).

**SOURCE:** This row is used for recording useful information about the source of the wisdom entry.

How prayers are answered

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<b>SOURCE:</b> Rayson and Friends			

Question: I'm curious as to how prayers are answered.

Answer: When you pray you actually - if you follow instructions and are sincere - you actually tap into the universe circuits and, through means that are not clear to me, your prayer is routed all the way to Paradise. This is a most amazing thing - and I never cease to wonder at the miracle of it - that so many, many, many beings in all the universes could, by the simple technique of prayer, could have access to the Father in Paradise. But this is indeed what happens.

And once the prayer is received, a decision follows and through the universal administrative channels orders are given for certain actions to be taken in answer to the prayer. Now these are not always what the prayer has in mind. Few will wake up and find a new car in your driveway, or your debts are erased, or a suitcase full of money in your bed, and therefore some would say that prayers are not answered. But of course, these are material considerations and prayers are not answered in a material fashion. But be assured that when you pray there is an almost instantaneous response to your prayer in the form of celestial guidance, assistance, and - in ways deemed appropriate by the Father - you are given help that is sought.

[In response to a question about the Lucifer rebellion and Caligastia betrayal Rayson said:]

It takes such a small amount of difference in direction on the universe scale to have the enormous effect over the course of time. A fraction of a degree difference in direction, that is all that Caligastia's behavior affected, and yet the result was to essentially derail the basic plan leading toward the establishment of Light and Life on Earth quite severely.

The major impact of Caligastia's disobedience was the severance of the universe circuits to Earth and other planets involved in the rebellion, because when this severance occurred man was left far, far more to his own physical being than would have been the case otherwise. If you starve a living creature of one essential nutrient the creature will live, but its function will be impaired. A good example is vitamin or mineral malnutrition. This is analogous to what happened when the universe circuits were severed to contain the rebellion. Man continued to live but did not thrive as had been intended because of a stunting of spiritual growth.

Yes, prayers were still answered, but through a detour - if you will - and less expeditiously than otherwise would have been the case. Yes, there were beings - are beings - here to help you, Midwayers and beyond. But because of lack of access to the universe circuits it was immeasurably harder for these helpers to assist man as he sought daily guidance in spiritual growth.

Question: I have a feeling that my strength and my security lie only in my faith, is that correct? Faith makes it possible to talk with you. Frankly, I'm uncomfortable, it's a new experience. I mean the fact that you exist and the way that you communicate is not-its so foreign to conventional thought. I feel like I'm standing in a valley, about to climb a mountain, and the mountain is covered in clouds. And then you come along and the Urantia Book comes along, blows away the clouds and I see this mountain, its 350,000 years high, and you are on the same mountain. Is that right?

Answer: That is just the foothills.

Question: Are you that little guy way up on top?

Answer: Somewhere there. Your faith is not your only strength and support. It is a crucial one, yes, but you have your Adjuster. You have your spirit guide, your Guardian Angels, the ones who love you. You have your own unique personality and your capacity for prayer to connect you instantaneously to Paradise. You have your ability to worship, and grow and co-create with the Most Highs. You have so many areas of strength and connection to Father.

The reference to the Most Highs, technically known as Constellation Fathers, which are three high administrative beings of the Vorondadek order of Local Universe Sons, implies that mortals on this planet somehow collaborate with the Most Highs. We know from certain ancient scriptures and the Urantia Book that the Most Highs are involved in the kingdoms of men, which means that the Most Highs have a hand in creating and sustaining the larger groupings of mankind, what are commonly called nations and civilisations. Therefore by participating in nation building and the progressive march of civilisation we are effectively co-creating with the Most Highs.

Question: It's nice to know. I understand that the Presence of the Father is closer than breathing, nearer than hands and feet. What I'm confused about is praying out loud. When you are praying out loud, is that only for the fellowship of those of like mind? Is that the only purpose of praying out loud, since the Father is within us?

Answer: There is no purpose other than those which you assigned to such prayer. When you seek to pray, even the quietest whisper of your mind-thought is heard loud and clear.

Pray to do the will of God

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SOURCE: Rayson and Friends			

Question: Rayson, you talked to me about a shift from a negative to positive tone and attitude. And I'm still not clear that why praying to be more loving is not also praying for myself. Because as you said, and as is in the Urantia Book, true prayer is always for others. I have a

thread of understanding, and I wonder if you could expand on it a little bit?

Answer: Yes. A very good question. When you pray for growth you are praying that you may do better the will of God. You are not praying for yourself. You are praying for God. You are praying that you can do the will of God. And so, even though you are - in one sense - praying for yourself, the prayer is not to benefit yourself but to benefit The Father, and you know that The Father has you and your welfare on His mind, that you are of importance to Him and that he will watch over you.

And so, when you pray, and you pray to do the will of God, eventually you will as time goes by become more and more be able to do the will of God, and whatever you do will reflect that, for God will so fill you that you will not be able to contain this love, and will give unto others what you have gained from God.

Remember, when you pray that in wanting to do the will of God and in praying for it, there will come an answer on which you must act. And this process of acting - in doing the will of God - will sometimes seem that it is for your own benefit. And sometimes it will not. But in either case you must do this because it will be the will of God. And as you act and live out the truth that you have gained from praying, you will more and more learn exactly what is a selfish thought or a selfish act and what is a thought or an act that is the will of God. The Father wants the best for you. Sometimes you do not know what that is, and sometimes you do. Just because what you want for yourself coincides with what God wants for you does not mean that you are selfish.

In fact, there are things that you may not be able to accomplish on your own regarding self-mastery. You must try and try but at a certain point it is quite all right for you to pray for this to be done. It is quite all right for you to pray for self-mastery because self-mastery is the will of God. But you must also endeavor to try your best in accomplishing this worthwhile deed.

Question: I have a question which is the inverse of that. We have people that never think of God in their day-to-day activities. There are schools of thought, especially in current metaphysical thought, that we create our own reality. Consequently, some people who are very active in visualizing and praying for very selfish goals, and for their abundance, and for their situations. Those people sometimes seem to have an effect on their world.

I believe that we are of this world and we didn't create anything in it. And yet whether someone is spiritual or not, things still happen in their lives, situations manifest, both positive and negative. My slant on this in the sense of more in a positive way. I understand the concept of prayer for somebody else, as we have the proper spiritual definitions in the Urantia Book. And yet, our selfish desires and wishes seem to manifest sometimes, as well as our visualizations, as well as our hopes and desires; sometimes better. It seems to me that there is a benevolence that to some degree gives us what we want.

Are we co-creating with that? Is that hand of God? Or is it something that would happen to us? Jesus said "take no thought for your life." And that to me is one of the hardest things to do, the action of inaction in terms of our day-to-day physicality. And yet there are people that are very active in achieving their goals.

And I wonder if you can comment on that kind of thinking that I have regarding manifestation and why things happen?

Answer: That is a very large subject. The realms of wealth, happiness, love, pain, of fortune, are affected by various mechanisms, systems, beings, patterns, and other factors. There is chance, bestowals of wealth as in lotto, inheritances. People are born with talents, which make them able to attain greater wealth than others. There is the inner drive, the determination and capacity for enduring effort. There are also spiritual factors, but they do not necessarily have to do with material wealth, although it may to some extent.

When one puts in a great amount of time, effort, as well as other contributions to the work of The Father, rest assured that that person would not be forgotten. He may not be given money or material gifts, but the opportunities for him to grow and to be fulfilled will be there. There are people who gain wealth but are no better for it. Sometimes they grow unhappy and do not grow spiritually. Others may gain wealth and use it for fulfillment of God's work. They use it as a tool to go about doing the work of The Father. People are diverse and varied in ways of attaining wealth and happiness.

Question: In general, I know what you are saying and I appreciate that answer. I think I formulated a different angle on it while you were answering that. Which was, are we co-creators in our day-to-day lives? I was wondering if the universe respects our personal energy and intent with regard to our personal manifestations and wishes that are not of a spiritual matter. I know that the book says that angels will use your conditions and situations, whatever you choose, to try to point out lessons of spiritual import and nature. And I understand that one person will use wealth a certain way and another person will get wealth a certain way. Regarding our day-to-day existence, does the celestial, spiritual energy hierarchy of the universe respect our individual personal self-wishes, or is it in essence cosmic masturbation? Will stuff happen for us anyway if we are inactive mentally? Is it futile to visualize for things that we want personally? Does the universe respect that energy? Does it respect that intent? Are you working with your angels when you are visualizing? Or are you just alone in your room with your eyes closed?

Answer: From the beginning of mankind, from Andon and Fonta, newer and better techniques have been thought of, invented - to try to have a better grasp of the universe and to shape it according to your mind. These techniques are still being developed. Your techniques of building, farming, of creating a government, of culture, your technology, is an outworking of all this. There is more. Visualizations are on the cutting edge in your country for developing the power of the mind.

Yes, these things are not just respected by the celestial beings, they were inspired by them.

Question: So then lets say I am trying to open up to you as a teacher, personally, alone, not in a group situation. Then in my quiet moments, its efficacious for me then to visualize, or to make it actual for myself as real as I can in some type of technique, and that is effective because I am using the power of my mind? Or because my intent is pure? And therefore it is bestowed upon me. Do you understand the difference?

Answer: Yes, it is not just your intent or your motivational force. Technique has to do with knowing what to do, when to do it and how to do it. Not all new techniques are effective. Some will fall by the wayside, the ones that are effective will not. You must weed out the ineffective techniques by experiment.

Question: In summation, you would agree with the concept that we are co-creators with spirit in terms of our physical manifestations.

Answer: Yes, definitely.

A helpful manner in which you may pray

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SOURCE: tmtranscripts teamcircuits email archive September 7, 1997. Teacher Daniel T/R Jonathan			

I now point you to a helpful manner in which you may pray. Prayer is often of the form of being directed outwardly. By this I mean you speak as to one who is another. The case in prayer is that the other is God. Today I ask you to pray as you would normally carry on an internal

dialogue with yourself. In this dialogue, you are fully aware that your other self is fully sympathetic and understanding of your expression, instantly comprehends what you convey. Praying to your Father with this attitude draws Him into an inner experience. The more you practice this method of praying, the sooner you experience your everyday thinking process containing the mindedness of the Father who indwells you. The Father's presence has but one goal, to elevate you to the point of permanent embrace of fusion.

When you behold the events of your life which seem to either challenge your spiritual strength or distract from your sense of wellbeing, realize that your Father's indwelling presence likewise holds this view. But this adjuster does not pass upon the worthwhileness of any particular event as good or bad; simply it discerns its serviceability to grow. I bring this up for I endeavor to ease your minds regarding unbroken communion with the Father, for I know the human mind is capable of devaluating its thoughts as unnecessary ramblings that need not be foisted upon the Father. He truly cares to share your experiences; that is the Supreme reason for His indwelling.

There are two manners of approach to this inward dialogue with the Father. Two simple words describe these approaches. One is the word "ask"; it is your assertive side of the relationship. The other is "acceptance", your receptive side. The Father Himself asks you to become more like Him. The Father Himself accepts a position of becoming more like you. In one respect you might alter the wording of "unbroken communion" and instead say it is an unbroken commingling, your willingness to acknowledge the divine presence under the most extremely mundane situations. By practicing stillness, you will find that this experience of communion with the Father is constant. It does not break off following a period of practice, but will continue. It is similar to your electric circuitry wherein a switch is placed; one line feeds from the Father to you, the other from you to the Father. Your side has the switch, you determine the continuity. Ever present, ever connecting is the Father.

Prayer will ever remain a valuable everyday undertaking

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SOURCE: tmtranscripts teamcircuits email archive January 11, 2000. Teacher Evanson T/R Jonathan			



Throughout the universe scheme of ascension, each of us finds ourselves stationed where we are at our greatest challenge for growth, yet each of us, in order to grow, must develop our skills at demonstrating our accomplishments, not to prove our attainment but to refine our attainment. Spiritual growth is not unlike the development of physical strength. We must exercise to maintain our abilities. Prayer is not a thing that you will become skillful at and thereafter need no longer. No matter how your phrasing, no matter how precise your meaning, prayer will ever remain a valuable everyday undertaking.

Just as one may jog slowly or one may run with great effort, it matters not, for it does the body good. A prayer uttered sloppily or one done with great poetry will both likewise benefit the soul and establish communion with its Maker.

We spend our time within only to recognize the importance of all that is about us. Our niche in life is never static; it will continually change bringing new difficulties as well as new achievements. Herein lies the importance of not becoming overly attached to a particular standing, a particular level of spiritual status, for the deeper you go into your soul in fathoming the significance of your being, the broader will become your applications in the world around you. True, you will never, ever leave behind the skills you have developed, rather you will extend them into more complex areas of application. Just as you once learned to hold a crayon and then a pencil, a pen, and then an artist's brush, the skill of that crayon is retained. The extent of your abilities has enlarged.

Today you are housed in physical vehicles, and to a certain extent this limits the freedom of the soul, but this freedom is unfolding. Every attempt you make in this life to bring greater awareness, though you may hit the barriers of the limitations of a mortal life, you are establishing the successes of your subsequent life. It may not show now.

No foundation ever appears to reveal the final structure. Never be discouraged at the enduring task before you of this foundation-building.

**What does it mean to be prayerful?**

### CLASSIFICATION

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**SOURCE:** tmtranscripts teamcircuits email archive December 12, 2002.

Teacher Welmek

Welmek: With outpouring of your love comes the prayerful desire of your heart, and thereby you bring this

attitude into the actual formation of the words of the petition. And that, combined with the essence or the spirit of the prayer, becomes a mighty tool.

As we look more closely into the nature of prayer, we begin to assemble its components. One of the fundamental components of prayer is that the Father's will prevail in the situation or in the life of the

individual for whom the prayer is rendered. Prayer is asking for the manifestation of spiritual reality. Prayer, then, is never effective, and as you say, does not feel complete, when the human expectations and ideas

are dominating it. This is when prayer is the least effective. And, if you want to derive the greatest benefit from prayer, then find that place within you that knows the ideal, that can see the higher perspective. And

then when you feel that in your heart, ask that the Father's will prevail in this situation, or in this individual's life, or in your own life.

This is breathing the spiritual life into your request. And even though you may not always know what the Father's will is, when you are coming from that place within your heart of an attitude of desiring the highest

manifestation that you can realize and feel, that opens the door to being in that desire for the Father's will to prevail. And this is what will make your prayer effective.

Do you fathom how important your contribution is through prayer? Do you appreciate how important it is for your minds to be so spiritized as to engage in this level of undertaking? Do

you understand how important your faith is, as you grow, as you love, as you serve?

This prayerfulness of being in the awareness that the help that you desire is achievable is there for the asking. It is so fundamental for your continued growth, and for the growth of others. Be the prayer for

those people close to you, that they cannot say for themselves, for they do not have the faith that you have. Be in that place, the fullness of appreciation of what you have been given. And say a prayer for these people that they experience this as well.

Prayer is an attitude of your heart. And the more compassion, the more understanding, the more you are willing to go into the realm of what another person experiences, the more you will appreciate what that person is living and experiencing. The more understanding and compassion you will have, and the more your heart will open, with the intention to love, and to ask Michael and Mother to administer their love into this individual.

This is what makes your prayer effective. It is being with that person in their spiritual darkness, in being the comfort and solace, and allowing the greatest healing power to enter into them.

This may be the only time

in their life that this is allowed to happen for them, because you have opened the door. You have planted the seed. You have turned the spigot of the Father's love, for it to flow through them and to begin to nurture them, nurture this seed of love that you have planted within them as your intention to help them.

You will not know how this will unfold in their lives. You will not know the environment of their mind, and how this prayerful seed will be implanted and emerge within their conscious mind.

But that is not your

responsibility. You are the spiritual workers in the field. And it is your job to lay the seeds in the soil. After you have planted the seed, call on the Father's love to nurture this each time you think of this individual or situation, and ask for more love and more truth and more of the Father's will to grow within the environment of this individual or this situation.

Ask for those spiritual agencies that can assist this individual or situation to bring their energy into this circumstance, and to be the spiritual drawing power and essence that the Father's will can be manifest.

Center yourselves now in this attitude of loving service. Find that place within your heart that is so full of a desire to serve. When you have sensed this desire within you, find that place of intention that the Father's will prevail. Be of that trusting nature that the Father's will is the only and best possible outcome, and be in this place of sensing this intention.

Now, as you recall these individuals throughout the day, focus on them in spirit. You may not know the environment of their mind, the quality or the nature of the thoughts that they think. But you can align with them in your spirit, and feel the love that you have for them and ask that the Father's love flow more fully through them. Bring them into the presence of our Father and Mother. Present them before our parents, and ask that their love flow into this individual. Raise

them up, let them be uplifted in spirit, and you will have performed a wonderful service for them.

When being prayerful in the larger context do not underestimate the power of your thoughts, as you add more spiritual pressure to bear on any situation on the planet. The years have taken a heavy toll. And the spiritual fabric of all of the social conditions, all of the environmental conditions, on the planet must be improved. Your prayers add more spiritual pressure, and actually begin to reestablish that fabric within the lives and the situations itself.

This spiritual fabric is a living and dynamic fabric. It is very real. It is the foundation of new social institutions, and it must be tightly woven in order for it to make its mark in the material lives on this planet. You are creating a new identity for the world, and it is this foundation of spirit that is the new creation. For each time you pray, you are adding more threads to this fabric, when you are bringing it into the realm of the material, as it begins to integrate within the nature and fabric of society.

I say this to stress the importance to you in your own awareness of the effectiveness of your prayers, and to encourage you to be more prayerful, that what you are doing is of vital importance now.

Be patient with yourselves, and try to be in this state of prayerfulness as much as possible. Do not be discouraged if your other thoughts get the better of you. Simply acknowledge them and return your focus as best you can to the realm of spirit. In time, you will feel this environment of prayerfulness grow within you. Your spirit will guide you. It will lead you more assuredly into deeper realms of spiritual communication. Know that any attempt you make is honored and accepted and loved and appreciated.

Praying for other people

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**SOURCE:** tmtranscripts teamcircuits email archive January 09, 2002.

Teacher Minearisa

T/R Bill

Virginia: I have heard that as we pray for individuals that we can pray to their Thought Adjuster. That our Thought Adjusters talk to each other all the time, communicate or whatever it is that they do, and that, indeed, we can ask our Thought Adjusters to talk to the other Thought Adjuster of the individual that we would seek to influence for God's love that would then be the impetus for truth, beauty, and goodness.

Minearisa: When you pray to someone else's Indwelling Fragment you must pray in the same manner as you pray to your own indwelling Presence of God; which means you say, "Nevertheless, not my ideas, my proposals, my plans, my understanding, my smart this or that, but Your will be done". When you pray for another to their Thought Adjuster, be assured, that their Adjuster does not need suggestions.

Virginia: Perhaps the suggestions should come my direction, is that what you are saying? To my Thought Adjuster?

Minearisa: Let me see if I can give you a picture. Here is you and there is the person you are praying for. Surrounding you is your Thought Adjuster and surrounding them is theirs. You desire something for this other person of a spiritual nature: personal growth, improved communication, greater self esteem, forgiveness, whatever it may be. As you have that prayer you say in your soul, without words probably, "Nevertheless, not what I wish, but Your will be done". It goes through the Thought Adjuster surrounding you, over to the other person. If you are praying to that other Thought Adjuster then that prayer passes through your Thought Adjuster presence and your qualifying prayer applies over there as well. Then, that prayer impacts the soul of the person you are praying for, through their mind, perhaps, but ultimately to their soul. They may not or seldom will get that thought that you had, popping into their head. But something will be impressed into their soul. I use these very inadequate descriptions in order to let you know that your prayer for others is not wasted time.

Now the text emphasizes that the greatest value of prayer is what it does for the one who prays, and that is correct. As you offer your prayer for others contingent upon the will of God, your life becomes more contingent upon the will of God. But it is also true that your prayers for others make a difference. They impress the soul. There is research showing that prayers for others can affect their physical well being and result in enhanced healing.

Virginia: I certainly believe that prayer moves me as much as it does someone else. I think that God's love from the other person's Thought Adjuster is able to love that other person more than any mortal can do. So I think that is why I was thinking to know for sure that my prayers were heard.

Minearisa: Yes, indeed, your prayers are heard to the degree that they transcend selfishness. As you pray unselfishly for others, those prayers are very effective.

**Prayer is an exploration of the unknown**

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<b>SOURCE:</b> Lightline Teleconference 2024-11-21			
Teacher: Amanson			
T/R: Mark			

Amanson on Prayer

'Prayer' is an expansion of consciousness. It keeps you aware of the possibilities of where that consciousness can take you and the many ways that consciousness — your consciousness — might be applied. Prayer puts your foot on 'The Open Road', that road that traverses mountains, streams, plains, valleys, galaxies. Prayer is your vehicle, for it lifts you as it lifts others.

Prayer is the gift of Spirit from the Spirit, and, in full circle, to the Spirit. This is the realm in which prayer "moves, breathes, and has its being." Prayer will often 'consolidate its gains' in the physical world but prayer's real function and home is in the dimension of Spirit.

Now, prayer, yes, is most often called upon to fix things, change things, in the material realm, and Spirit can and will indeed make such desires a reality — Spirit's function after all is creation — the pray-er's function after all is creation — but Creation is so active in so many ways in so many dimensions that the pray-er may not have any idea the strength, the length, or the real function of his or her prayer. We think we pray to keep our house in order but "In my Father's house there are many mansions", mansions where your prayer may be of particular use far beyond that which you believe you are praying for. And, as prayer is a gift from Spirit to Spirit, Spirit and all its vast understanding will know what your prayer is for, what it is *really* for, and who will most benefit when the time comes for the benefit. And the trust you place in both the process and the effectiveness of the process is what most steers the engine to arrive at all of its many destinations, even though you began the journey with only one in mind.

Prayer is the single most effective way to bridge the gap between man and divinity, for it not only addresses and acknowledges divinity but sets it in motion, with verifiable results; but, as I say, often not where you initially expected to find them.

Allow your Interior Partner to carry out God's part of the bargain. You have the goal in mind. Your all-seeing Partner has the strategy. Prayer is not an asking, prayer is an acceptance of change. Is it the change you were seeking? Ultimately, yes. However, you may not understand the change you are seeking. Prayer will teach you what that is.

Prayer is an exploration of the unknown. We think of it as a simple asking, when it is our ticket to eternity and all the stops along the way.

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